

University of Pretoria Yearbook 2017

Foundations of sports coaching sciences 111 (YCS 111)

Qualification Undergraduate

Faculty [Faculty of Health Sciences](#)

Module credits 12.00

Programmes [HCert Sports Science Sports Coaching](#)

Contact time 3 lectures per week

Language of tuition Afrikaans and English is used in one class

Academic organisation Biokinetics and Sports Science

Period of presentation Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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